

"Rob Szymaszek instilled in his players the values inherent in the game of football. He taught them how to respond to adversity, how to stand up to fear, how to react to failure and to never, never, ever give in. And when faced with adversity himself, Rob proved he was no hypocrite and that his words were not just empty and hollow platitudes. To Rob, they were sacred ideals that formed the matrix of his philosophy of life. He is now practicing those very same ideals that he preached for years . . .

"He never complains, never feels sorry for himself. Nor does he ever seek the sympathy of others. He remains cheerful, optimistic and always ready to help a friend. He is not only educating his former players on how one deals with difficult times, but by his example he is teaching each and every one of us how to handle the vagaries of life with grace and dignity."

—Ron Carbone



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ROB SZYMASZEK:

One Man's Coaching Philosophy Applied to the Toughest Challenge of His Life

Bryant Carpenter